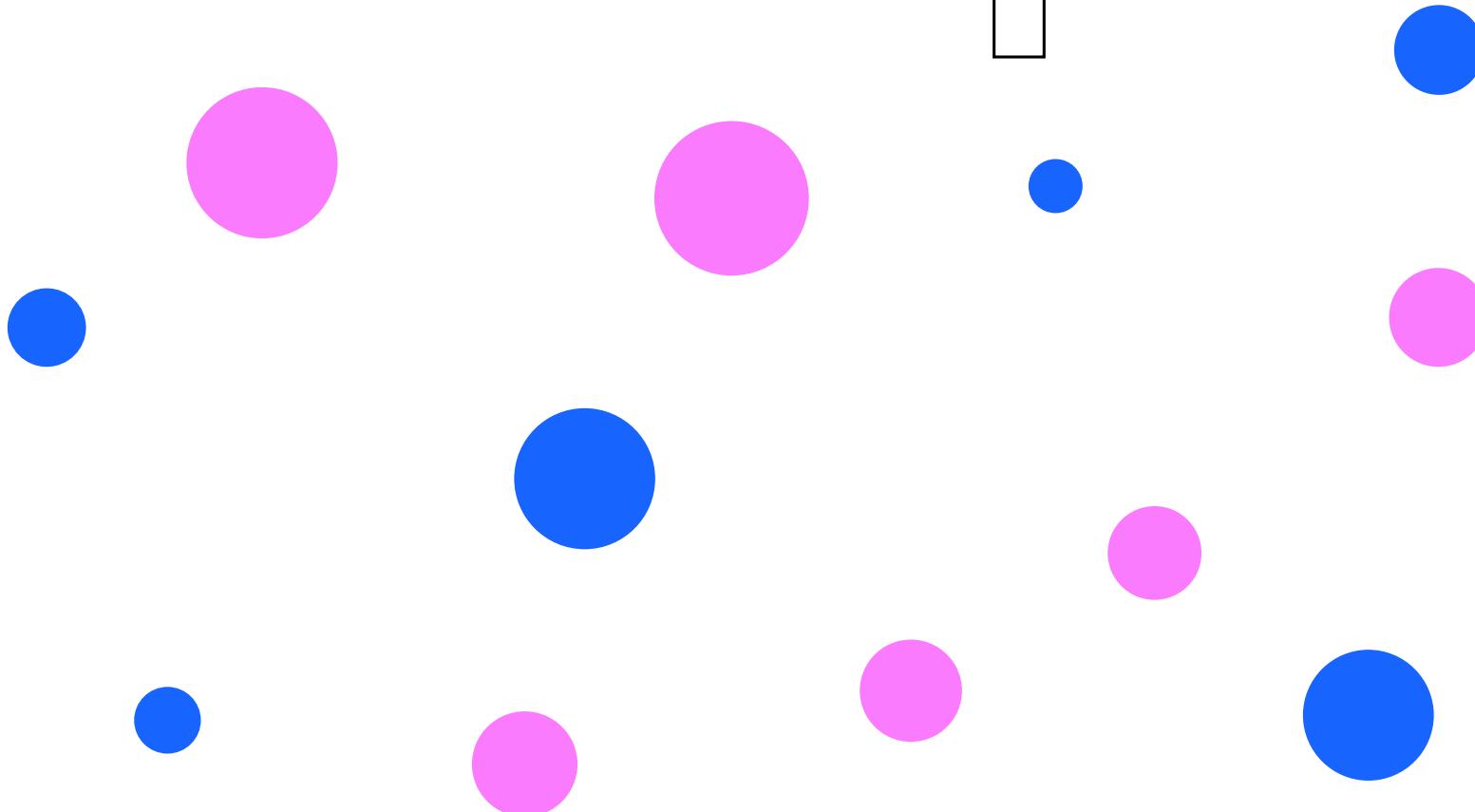
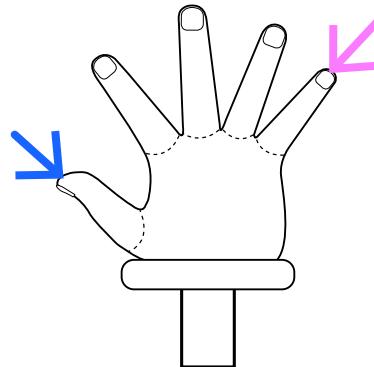


Tap Those Dots!



Tap Those Pink and Blue Dots

This is the first stage for learning finger colors.
Have the students tap with their right hand “pink” finger on a pink dot or with their “blue” finger on a blue dot.

Just keep repeating until the children become very accurate.
When it become “easy” that means muscle memory is working.
WOW! We are training muscle memory!

Children love learning about muscle memory. When we do something accurately many times, our muscles “remember” how to do it!...just like picking up a crayon! We do want to train our muscles to use correct fingers when we play the piano....and they will! We have incredible brains and muscles!

Let the children hold their hands in a “star position”, which means the hand is flat and the fingers are straight so they can just tip their hand to the right or left to tap those dots.

You can also talk about right and left hands. These dots are ONLY for the right hand.

“Which hand is your right hand?”