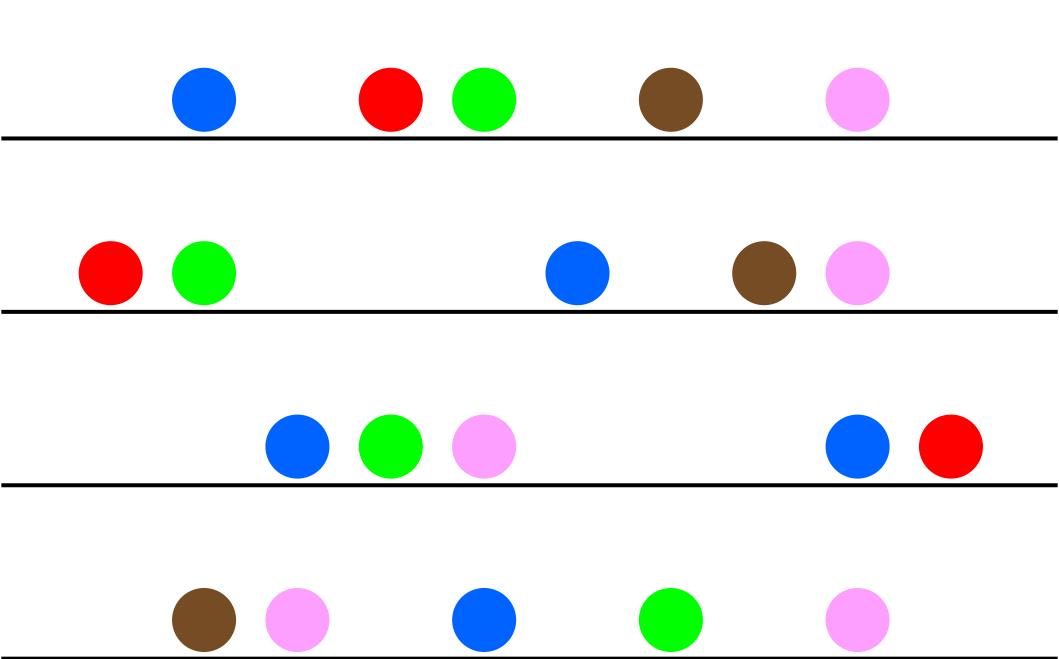
My Dof Page



Anybody Can Play PIANO

DOT SHEET

The finger colors have to be totally internalized so when a color is shown or mentioned, the proper finger is an instantaneous response. Muscle memory is important and these colors are the first step in the process.

First, just touch dots of choice with proper fingers.

"Touch a blue dot with your blue finger."

"OK, now touch a red dot with your red finger."

"Now, touch a green dot."

Etc.

When able, touch the dots in each line with the correct fingers going left to right. Then turn the sheet upside down and touch the dots left to right underneath each line.

Play this game with each hand alone so each hand becomes adept.